

Youth Activities



This class is designed exclusively for youth ages 6-12. This class will be a rockin', high-energy fitness-party packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents love Zumbatomic because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. *We offer an adult Zumba class that meets at the same time for your convenience. See information on page 15.* Session 1 register by January 3, session 2 register by February 7.

Session 1: (Activity 6698)

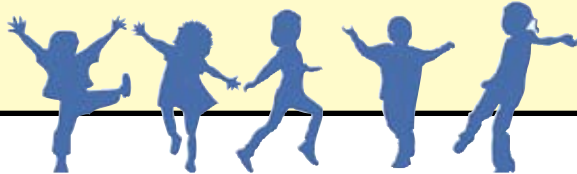
Tuesdays, January 10- February 7 6:30-7:30 pm

Session 2: (Activity 6699)

Tuesdays, February 14-March 13 6:30-7:30 pm

Location: Crystal Community Center

Fee: \$25/session residents \$32/session non-residents



TECHNO CRAZY!

Youth in grades 1-5 take both 4 week classes and get Techno-Crazy with Mad Science this winter! Learn the basic forces that make technology possible: use Newton's laws to make things move, convert potential energy into kinetic energy, leverage simple machines to do your work, and use gravity to keep your balance. Explore the world of future technology as we set up a cellular tower relay to track our friends, program and command real robots, harness the power of the sun's heat, and make light from a liquid. Continue your techno-crazed exploration on your own with your Inertia Kit, Catapult, Drag Racer, Gravity Game, Optical Fibers, Mechano-Hand, Crank'n Shine Flashlight, and Black Light Writer.

Session 1 register by January 11, session 2 register by February 16.

Session 1: (Activity 6704)

Thursdays January 19-February 9 6:15-7:15 pm

Session 2: (Activity 6705)

Thursday, February 23-March 15 6:15-7:15 pm

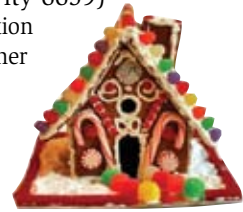
Location: Crystal Community Center

Fee: \$46 residents of Crystal, New Hope, Robbinsdale

\$53 non-residents

CANDY CREATIONS (Activity 6639)

This is a great class to start a holiday tradition as parents and youth ages 5-12 work together to create art out of candy. The art materials of choice will be frosting, gumdrops, marshmallows, and other candy treats.



We will create a winter wonderland scene made out of all things edible. Register by December 3.

Saturday, December 10..... 1:00-3:00 pm

Location: Crystal Community Center

Fee: \$22/pair residents of Crystal, New Hope, Robbinsdale

\$26/pair non-residents



Art in Action

Youth in grades 1-5 join us for a new series of art experiences. Each session will meet for three weeks at the Robbinsdale Middle School. These programs are taught by Joan West Talbot, Robbinsdale Art Teacher for over 20 years. All necessary supplies are included.

Location: Robbinsdale Middle School, Art Room 111

3730 Toledo Ave N, Robbinsdale

Fee: \$24 residents of Crystal, New Hope, Robbinsdale

\$31 non-residents

SESSION 1: PAINTING AND MORE

(Activity 6723)

Explore the different styles of painting and techniques of painting, using a variety of mediums. Each week we will explore a different style. Come dressed ready to get messy! Register by January 18.

Wednesdays, January 25-February 8 6:15-7:30 pm

SESSION 2: PRINTING POTPOURRI

(Activity 6724)

Using some simple materials like string, tag board and foam, we will make a variety of printing plates to create pictures, cards and even a T-shirt. The possibilities are endless. You will need to bring a T-shirt for the second class meeting. Register by February 15.

Wednesdays, February 22-March 7 6:15-7:30 pm

Youth Activities

Get Creative

GAME DAY (Activity 6703)

This is the perfect class for the board gamers age 5-12. Candy Land, Chutes and Ladders, Monopoly and all of your child's favorite games will be the inspiration as they design and create their very own board game. After everyone is done, we'll get to try out each other's games! Register by January 13.

Saturday, January 21 12:30-2:30 pm

Location: Crystal Community Center

Fee: \$16 residents of Crystal, New Hope
\$23 non-residents

VALENTINE CRAFT PARTY

(Activity 6706)

What's Valentine's Day without cards and chocolate? Youth ages 5-12 we will use chocolate to create Valentine's Day cards to give to everyone we're "sweet" on. We'll even mix up a batch of chocolate clay. Register by February 3.

Saturday, February 11 10:00-11:30 am

Location: Crystal Community Center

Fee: \$14 residents of Crystal, New Hope, Robbinsdale
\$21 non-residents

ANGRY BIRDS ART (Activity 6701)

Youth ages 5-12; in this class we will "slingshot" into the incredible world of art as we create your favorite Angry Bird. We'll be working with clay and paint to create these masterpieces! Register by March 9.

Saturday, March 17 12:30-3:00 pm

Location: Crystal Community Center

Fee: \$18 residents of Crystal, New Hope, Robbinsdale
\$25 non-residents



SKI AND SNOW SHOE ADVENTURE

(Activity 6740)

Get out and enjoy some Minnesota winter fun at Bassett Creek Park. Youth ages 7-12 will love this winter adventure. This adventure is perfect for the child that needs more movement in their lives or a need to burn off some excess energy. They will get to experience cross country skiing and snow shoeing, two wonderful Minnesota winter activities. They will be taught basic skills needed for both activities. Character building, cooperative skills and individual success and safety are all emphasized. All equipment needed for these activities is provided. Dress for the weather. Bring a big snack and water bottle to the adventure. Register by December 26.

Saturday, February 11 1:00-4:00 pm

Location: Bassett Creek Park

Fee: \$32 residents of Crystal, New Hope, Robbinsdale
\$39 non-residents



MUSKETEERS FENCING CLASS

Youth ages 6-11 will learn real fencing skills while having fun in our special Musketeers Fencing Class! This program, provided by MN Sword Play, will introduce children to the fundamentals of fencing. With an emphasis on skill building, concentration, self discipline and fun, these classes are designed to enhance motor skill, social and perceptual growth by teaching safe, age-appropriate foil fencing skills to each child. All equipment is provided. Session 1 register by January 9. Session 2 register by February 27.

Session 1: (Activity 6725)

Mondays, January 16-February 20 6:00-7:00 pm

Session 2: (Activity 6726)

Mondays, March 5-April 16 (No class April 9) 6:00-7:00 pm

Location: New Hope Community Gyms, 8230 47th Ave N

Fee: \$63 residents of Crystal, New Hope, Robbinsdale
\$70 non-residents

KID'S FENCING

Youth ages 10-12 here is your chance to try a sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing, and intense tactics are all integrated into this beginning class. All equipment will be provided (mask, jacket, glove, and weapon). Come dressed comfortably including running shoes. The instructors are from Minnesota Sword Play. Session 1 register by January 9. Session 2 register by February 27.

Session 1: (Activity 6727)

Mondays, January 16-February 20 7:00-8:00 pm

Session 2: (Activity 6728)

Mondays, March 5-April 16 (No class April 9) 7:00-8:00 pm

Location: New Hope Community Gyms, 8230 47th Ave N

Fee: \$63 residents of Crystal, New Hope, Robbinsdale
\$70 non-residents

Youth Activities

NON-SCHOOL DAY ACTIVITIES

ARCHERY CAMPS

Youth ages 8-14 will learn the range safety and proper shooting techniques for shooting compound and traditional bows in this three day camp during these school release days. Also learn some of the history and traditions of the surrounding archery. Orion Archery will provide equipment/bows, arrows, targets and safety equipment along with certified NADA and ASAP Instructors. Winter Break register by December 20, Spring Break register by March 19.

Winter Break (Activity 6730)

Wednesday-Friday, December 28-30 9:30-11:30 am

Spring Break (Activity 6731):

Tuesday-Thursday, March 27-29 9:30-11:30 am

Location: Robbinsdale Community Gym, 37th & Regent, Door #18

Fee: \$66 residents of Crystal, New Hope, Robbinsdale
\$73 non-residents

RC SPYBOTS (Activity 6732)

Youth ages 7-12 build, program and work with some very unique robots.

In this Robotics class, innovative Lego® Mindstorm Spybotics will be used to build and program robots. Students working in pairs learn how to use the computer to program the robots, and work with advanced heat and light sensors along with the RC controls. The students will race against time to complete their daring missions! Challenges may include simulated laser mazes, robotic tag, obstacle avoidance and mine-field navigation, disarming a hacker-bot, and dueling with fellow classmate's spybots and much more! Provide a peanut free – bag lunch, drink and snack for your child. Register by December 26.



Thursday, December 29 9:30 am-3:30 pm

Location: Crystal Community Center

Fee: \$55 residents of Crystal, New Hope, Robbinsdale
\$62 non-residents

LEGO LOCO ART CAMP (Activity 6707)

Can't get enough of your Legos at home? Youth ages 5-12 do you want to be inspired and challenged to create new and exciting Lego art? Use your awesome Lego building skills to construct a city, imaginary creatures, race cars, plenty of original works of art...all out of Legos! We won't just be using Legos. We'll also use clay, paint, and tons of imagination to create these challenging projects. Register by December 26.

Tuesday-Wednesday, January 3-4 9:30-11:30 am

Location: Crystal Community Center

Fee: \$36 residents of Crystal, New Hope, Robbinsdale
\$43 non-residents

GYM ADVENTURE (Activity 6738)

Youth ages 7-12 this is the perfect class to get moving and learn new sports and skills. Activities include individual and team sports, rope jumping, racket games, kickball, tag games, capture the flag, four square, floor hockey, soccer, bowling, and many others. Lessons are designed to keep kids engaged in learning activities and to keep their heart rates elevated. Character building, cooperative skills, individual success, and safety are all emphasized. Bring a water bottle each day to stay hydrated. Register by December 26.



Location: Crystal Community Center

Tuesday-Thursday, January 3-5 12:00-3:00 pm

Fee: \$36 residents of Crystal, New Hope, Robbinsdale
\$43 non-residents

CARTOON TIME ART CLASS (Activity 6695)

What's your child's favorite cartoon? Sponge Bob, Scooby Doo or maybe Star Wars? Youth ages 5-12 will create a TV with a scene featuring their favorite cartoon character. Of course, every TV needs a remote, so we'll make that too. This class is an hour and half of "mom approved" screen time! Register by January 13.

Monday, January 23 12:30-2:00 pm

Location: Crystal Community Center

Fee: \$14 residents of Crystal, New Hope, Robbinsdale
\$21 non-residents

CROSS COUNTRY SKIING (Activity 6733)

Youth ages 8-14 come learn all about this lifelong fun winter sport. Classic ski techniques are taught including proper equipment, clothing, moving forward, getting up when you fall and how to have fun in the winter! Make sure and dress for the weather. All equipment is supplied. Must complete a special waiver form prior to class which will be mailed to participants prior to class. Meet at French Regional Park Visitor Center. Register by February 3.

Monday, February 20 1:00-2:45 pm

Location: French Regional Park, Plymouth

Fee:
\$15 residents of Crystal,
New Hope, Robbinsdale
\$22 non-residents



Youth Activities

Spring Break Fun

MAGICAL MUD CLAY CREATIONS CAMP

(Activity 6708)

Pinch, pat, and roll to create all sorts of magical mud clay creations! Inspiration is all you're young artist "kneads" to create shakers, puppets, plaques, and more! Youth ages 5-12 will even use their very own knee to create a masterpiece sure to please! Not only will the kids learn the basics of working with clay but they will get to experience different types as they work with air-dry and Model Magic clay. Register by March 16.

Monday-Tuesday, March 26-27 9:30-11:30 am

Location: Crystal Community Center

Fee: \$38 residents of Crystal, New Hope, Robbinsdale
\$45 non-residents



HIP HOP DANCE CAMP

(activity 6710)

We have taken the best of Hip Hop Dance and created a camp your child will not forget. Youth ages 7-12 will learn some of Hip Hop's greatest elements, DANCE! Loc'in, Poppin', Breakin', New Jack, Old School and more! Taught by professional dancer and teacher Ms. Kenna Sarge. Learn the basics of Hip Hop dance with funky fresh music and positive style. On the last day of class we will have a short performance for families to enjoy. This class is physically demanding! You will need to wear workout clothes with long pants preferred. Register by March 19.

Tuesday-Thursday, March 27-29..... 12:30-3:30 pm

Location: Crystal Community Center

Fee: \$75 residents of Crystal, New Hope, Robbinsdale
\$82 non-residents



MAPLE SYRUP TIME! (Activity 6734)

Youth ages 8-12 learn about maple trees and how they are tapped. Collect sap and watch it cook to syrup for tasting. Make maple sugar and try some maple candy. Enjoy a sugaring demonstration and learn a maple craft. Class will meet at the Visitor Center. Be prepared to be outside for most of the program time. Instructional staff is provided by Three Rivers Park District. Must provide own transportation to and from French Regional Park. Note: this class is dependent on weather conditions and if the sap is not flowing, class will be canceled. Register by March 8.

Monday March 26 1:30-3:15 pm

Location: French Regional Park Visitor Center, Plymouth

Fee: \$11 residents of Crystal, New Hope, Robbinsdale
\$18 non-resident

3D RACING GAME DESIGN (Activity 6739)

Youth age 7-12 learn the basics of 3D game design and modification in our new class. Student working in pairs will learn how to use the Track Mania toolset to design custom race tracks, and modify custom cars. Recreate challenging elements of famous tracks and race your classmates. TrackMania lets student create their own tracks using a "Block" process, design elements include: regular road, checkpoints, long bends, loop-the-loops, and jumps, which all snap to a grid automatically. Regular roads can be dragged to create straight sections as well as 90 degree corners. At the end of class student can download their own copy of Track Mania along with their custom car and track designs or students can bring a USB drive on the last day for immediate access. Register by March 19.

Tuesday-Thursday, March 27-29..... 1:00-2:30 pm

Location: Crystal Community Center

Fee: \$41 residents of Crystal, New Hope, Robbinsdale
\$48 non-residents



SOO BAHK DO

A classical martial art of Korean and Chinese origin that helps develop confidence through the integration of intellect, body, emotion and spirit. Improve balance, flexibility and fitness with valuable self-defense techniques. Program is offered at the Crystal Community Center throughout the year. Pay on a month-by-month basis and start at the first of any month. Additional optional fees for uniform, testing and tournaments are paid to instructor. Register at either Crystal or Robbinsdale Recreation Departments. Make checks payable to: City of Robbinsdale. For more information, call Robbinsdale Recreation at 763-531-1278.

WednesdaysAges 4-6 5:15-6:00 pm

Fee: \$20/month residents of Crystal, Robbinsdale
\$27/month non-residents

Mondays and WednesdaysAges 7-16..... 6:00-6:45 pm

Fee: \$32/month residents of Crystal, Robbinsdale
\$39/month non-residents

Youth Sports



MITE BASKETBALL INSTRUCTIONAL PROGRAM

Skill-based program for Kindergarten and 1st grade girls and boys. Emphasis is on dribbling, passing, shooting and positions. Instructional scrimmages will be played. Baskets are at a lower height and mini-basketballs are used. Teams are formed the first meeting of the program. Fee includes a T-shirt. Maximum of 30 players per grade level. Register by January 9.

Kindergarten (Activity 6557)

Saturday, January 21-March 10 9:15-10:15 am
1st grade (Activity 6558)

Saturday, January 21-March 10 10:30-11:30 am

Location: Crystal Community Center

Fee: \$42 Crystal or Golden Valley residents
\$49 non-residents

YOUTH BASKETBALL LEAGUES

Recreational basketball leagues for 2nd-6th graders. Practices begin mid-January, with days and times varying due to gym and coach's availability. Coaches will call team members after January 7 with practice times. Teams are coached by volunteers. Practice sites include: Meadowlake, Neill, Northport, Forest, and Crystal Community Center. Games will be played at the Crystal Community Center and the Davis Community Center (Meadowbrook Elementary), 5430 Glenwood Ave N. This program is co-sponsored with the City of Golden Valley, Robbinsdale, and St. Louis Park and will include teams from all cities. The focus of the program is to teach the skills of basketball, playing as a team, and teaching good sportsmanship. Standings are not kept and there is no tournament play. Register your child for the correct division based on his/her grade. Players are allowed to play one grade level up. Do not ask us to make exceptions. Scrimmage Day will be January 14, with games beginning January 21 and ending March 10, 2012 (eight games). The Department reserves the right to limit the number of players per team, and the right to combine divisions if registration is not sufficient and to cancel a team if a volunteer coach cannot be found. Two players may request to play together. Register by December 9.

Divisions: **Boys 2nd grade** (Activity 6659)

Boys 3rd grade (Activity 6560)

Boys 4th-6th grade (Activity 6561)

Girls 2nd and 3rd grade (Activity 6562)

Girls 4th-6th grade (Activity 6563)

Fee: \$47 residents of Crystal, Golden Valley, Robbinsdale, St. Louis Park
\$54 non-residents

Help get your child's team off to a good start, volunteer to be a coach. Volunteer coaches are necessary for the success of the program. Volunteer coaches will get their child's registration fee reimbursed at the end of the season.

RINK RAT HOCKEY

This outdoor hockey program for boys and girls consists of two pre-season practices and eight instructional games. Volunteer coaches officiate all games and there are no goalies. Half of the games are played in other communities. Games will be rescheduled in the event of cancellations (weather permitting). All participants must supply their own mandatory equipment (hockey skates, hockey stick, helmet with mask, mouth guard, shin pads, hockey gloves, elbow pads, and protective cup if applicable). Schedules will be mailed to all participants the week of December 26. League jersey and participation award are provided. Register by December 9. Program runs January 6-February 10.

Location: Crystal Home Outdoor Rink,

Lions Valley Place Park, 6822 32nd Ave N

Age groups:

5-6 years old (Activity 6643)

7-9 years old (Activity 6644)

10-12 years old (Activity 6645)

Fee: \$40

MINI SPIKERS VOLLEYBALL CAMP

(Activity 6735)

Bump, Set, Spike! Youth ages 4-6 will learn to play the game of volleyball in an age-appropriate setting. 4-1 player/coach ratio.

Instructors from MN Volleyball Headquarters. Register by April 6.

Saturdays, April 14-May 5 10:30-11:30 am

Location: Robbinsdale Community Gyms

Fee: \$36 for residents of Crystal, New Hope, Robbinsdale
\$43 non-residents

CRYSTAL COMMUNITY CENTER YOUTH OPEN GYM

For youth in grades 3-12. There are no planned activities but equipment is available for basketball and other activities. Participants are free to come and go from the gym and the building. Only one gym is available. Check the Crystal Recreation Department's website for updated schedules.

Wednesdays, November 2-March 28, 2012....3:00-5:00 pm
Fee: \$2/time

MANY THANKS

to the Volunteer Soccer Coaches for your time and talent you shared with the Crystal Recreation Department's Youth Soccer Program:

Nate Thome • Paul Larson • Doug Shepard
Doug Suckerman • Keith Weiman • Hoa Nguyen
Scott Gustafson • Ben Prescott • Mike Schaefer
Jade Gardner • Joe Kurtz • Jay French • Tim Browne
and Moussa Diawara

My apologies to anyone who we missed.

